

The Massage in Schools Program (MISP)

What is MISP?

The MISP child-to-child massage program has been developed as an inclusive whole school strategy for reducing children's stress levels, aggression and bullying, and can actually save teachers time as children settle more quickly to their lessons after their massage time.

About the Program

- ✓ Suitable for children aged 4-12 yrs.
- ✓ Mini MISP for 2 – 4 year olds
- ✓ Research based and has shown to increase student concentration and improve attainment.
- ✓ Strongly linked to the *Personal and Social Capabilities* outlined in the **Australian Curriculum** and effectively teaches children self-awareness, self-management, social awareness and social management.
- ✓ Easily implemented in the classroom (takes around 10 minutes, daily).
- ✓ Adaptable for students with special needs.
- ✓ Culturally inclusive and is used in over 39 countries around the world.
- ✓ FUN!

2017 Massage in Schools Donnybrook

Course Details (2 day course)

MISP Trainer: Mia Elmsater

MISP Trainee Trainer: Debbie Cann

Dates : Friday May 26 and Saturday May 27

Venue: Donnybrook Primary School. Mead Street Donnybrook.

Cost: \$320

Course Includes:

- ✓ Professional hands on training of the MISP routine and other touch & movement activities
- ✓ MISP handbook
- ✓ MISP Learning Cards,
- ✓ International certification of instructor qualification
- ✓ 1yr membership for the Massage in Schools Australia Association
- ✓ Refreshments - please note lunch is not included

Who is the MISP Course suitable for?

- ✓ Teachers
- ✓ Education assistants
- ✓ Therapists
- ✓ Chaplains
- ✓ Psychologists
- ✓ Social workers
- ✓ School nurses
- ✓ Child Care workers
- ✓ Adults working in child orientated environments